



## Breastfeeding Committee for Saskatchewan

### Terms of Reference

- Vision:** To provide a provincial framework that promotes breastfeeding as the cultural norm for infant feeding within Saskatchewan.
- Mission:** To protect, promote and support breastfeeding within Saskatchewan as the normal method of infant feeding.
- Goal:** From 2018-2023, the BCS will focus on promoting the Baby Friendly Initiative (BFI) as the evidence informed best practice standards for improving food security and health for families in Saskatchewan

**Functions:**

1. Provide support to local and provincial groups for implementation of the Baby Friendly Initiative.
2. Provide ongoing expert advice and recommendations on breastfeeding and implementing the Baby-Friendly Initiative, to governments and organizations for research, policy and program development, and direction.
3. Facilitate and support collaborative networks to protect, promote and support breastfeeding in Saskatchewan (ie. Public Health Nutritionists Working Group, Breastfeeding Committee of Canada, local breastfeeding committees).
4. Provide a forum for sharing information and facilitating the sharing of evidenced-based breastfeeding research to the group.
5. Develop resources to support breastfeeding as a cultural norm for infant feeding in Saskatchewan.
6. Develop/revise the strategic plan and develop a yearly action plan at the annual strategic planning meeting.

**Membership:**

- The Committee would like to extend welcome to representatives from a variety of geographical areas in Saskatchewan and additional representatives from CPNP,

LaLeche League, First Nations communities, CNE, Kids First and consumer representatives.

- The Committee will maintain multi-disciplinary representation.
- The executive of the Committee will have 2 co-chairs, 1 secretary, 1 treasurer and 3 members-at-large.
- Visiting members are welcome to observe committee meetings with the approval of the co-chairs. Visiting members will not be allowed to vote on committee issues.
- PHAC – ex-officio member

**Commitment:**

- Meeting will be held a minimum of three times per year plus one strategic planning meeting in the spring to develop the strategic plan for the coming year.
- Committee members have the following responsibilities to the Breastfeeding Committee for Saskatchewan:
  - Bring/share information at the meetings about their local breastfeeding committee work and updates for their local geographical area.
  - Participate in at least one sub-committee.
  - **Take a turn in the co-chair, secretary or treasurer position.**
  - Share information from Committee meetings with local committee/group/organization and be an active member of a BCS committee group
  - Work on BCS projects at their own local committees.

**Accountability:**

Each Committee member is accountable to their own organization/community that they represent.

**Position Statements:**

- Breastfeeding Committee for Saskatchewan. (2019). *Breastfeeding Committee for Saskatchewan Position Statement -- Protecting, Promoting and Supporting Breastfeeding through The WHO Code and the Ethical Marketing of Breastmilk Substitutes*. Retrieved from [https://www.thebcs.ca/documents/position%20statements/2019May%20BCS\\_Position\\_Statement\\_WHO\\_Code.pdf](https://www.thebcs.ca/documents/position%20statements/2019May%20BCS_Position_Statement_WHO_Code.pdf)
- Breastfeeding Committee for Saskatchewan. (2019). *Breastfeeding Committee for Saskatchewan Position Statement - The Baby Friendly Initiative™: Protecting, Promoting and Supporting Breastfeeding. Breastfeeding is a critical public health issue*. Retrieved from [https://www.thebcs.ca/documents/position%20statements/2019MayBCS\\_Position\\_Statement\\_BFI.pdf](https://www.thebcs.ca/documents/position%20statements/2019MayBCS_Position_Statement_BFI.pdf)
- Breastfeeding Committee for Saskatchewan. (2019). *Breastfeeding Committee for Saskatchewan Position Statement – Protecting, Promoting and Supporting Breastfeeding Through Donor Human Milk Banking*. Retrieved from [https://www.thebcs.ca/documents/position%20statements/2019MayBCS\\_Position\\_Statement\\_DHMB.pdf](https://www.thebcs.ca/documents/position%20statements/2019MayBCS_Position_Statement_DHMB.pdf)

The Breastfeeding Committee for Saskatchewan supports the following as foundational principles:

- Breastfeeding Committee for Canada. (2010). Breastfeeding statement for the Breastfeeding Committee for Canada. Retrieved from <http://breastfeedingcanada.ca/Publications.aspx#> (Currently under revision)
- Breastfeeding Committee for Canada. (2017). Baby Friendly Initiative Integrated 10 Steps Practice Outcome Indicators for Hospitals and Community Health Services. Retrieved from <http://breastfeedingcanada.ca/documents/Indicators.pdf>
- Health Canada, Canadian Pediatric Society, Dietitians of Canada, & Breastfeeding Committee for Canada (2014) *Nutrition for Healthy Term Infants from 6 to 24 months*. Retrieved from <https://www.canada.ca/en/health-canada/services/canada-food-guide/resources/infant-feeding/nutrition-healthy-term-infants-recommendations-birth-six-months/6-24-months.html>
- UNICEF UK. (2019) *The UNICEF UK Baby Friendly Initiative Resources to Implement Baby Friendly Standards*. Retrieved from <https://www.unicef.org.uk/babyfriendly/baby-friendly-resources/implementing-standards-resources/>
- WHO (1981). *International code of marketing of breast-milk substitutes*. Geneva: World Health Organization. Retrieved from [https://www.unicef.org/nutrition/files/nutrition\\_code\\_english.pdf](https://www.unicef.org/nutrition/files/nutrition_code_english.pdf)
- World Health Organization (2018). *Protecting, promoting and supporting breastfeeding in facilities providing maternal and newborn care*. Geneva: World Health Organization. Retrieved from <https://www.who.int/nutrition/publications/infantfeeding/bfhi-implementation/en/>
- World Health Organization. (2003). *Global strategy for infant and young child feeding. The optimal duration of exclusive breastfeeding*. Retrieved from [https://www.who.int/maternal\\_child\\_adolescent/documents/9241562218/en/](https://www.who.int/maternal_child_adolescent/documents/9241562218/en/)
- World Health Organization/United Nations International Children's Fund. (1990). Innocenti Declaration. Retrieved from <https://www.unicef.org/programme/breastfeeding/innocenti.htm>

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